

# **Marc B. Hess, LCSW**

## **Insurance, Pricing and Billing Information**

**Insurance.** I am a preferred provider for Regence/Blue Cross/Blue Shield of Oregon, ODS plans, Value Options, United Behavioral Health (UBH), Pacifica Behavioral Health (PBH), Providence, MHN, Healthnet of Oregon and Horizon Health EAP. If you have other insurance they may pay for all or part of my services. Please check with your insurance company prior to our first visit.

**Costs.** I charge \$120 per 55 minute meeting, but offer lower rates if paid in full at the time of service or to accommodate your financial circumstances.

**Billing.** I request that you pay for your counseling at the end of your session. I work with a billing person who will bill your insurance and provide you with an ongoing monthly bill.

**Missed Appointments.** Please notify me at least 24 hours prior to canceling an appointment. Without 24 hour notification, you will be charged \$35 or ½ your usual fee (whichever is the larger sum) for your missed session. If you are late, your session may be shortened by the amount of time you are late.